

# CEROC BEGINNER WORKSHOP

## Event - CEROC BEGINNER WORKSHOP

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**When** Sun, 26. July 2026, 10:30 - 13:30

### Description

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Our Beginner Workshop is designed for those with very little or no dance experience and gives you a fast track into freestyle. Learn to dance the fun & easy way.

You will learn a selection of beginner moves & how to link them together so you can 'freestyle' your way through a dance.

While it is possible to learn the whole of the Ceroc Beginner Syllabus by attending our Beginner workshops, we recommend also attending Ceroc class nights to really bed those techniques into your muscle memory.

This workshop is also an ideal way for experienced dancers to refresh your fundamental techniques.

There will be short breaks.

All Ceroc Teachers are fully qualified

Advance bookings only to maintain lead & follow balancing

£25 per person. For more information or to book call Sue 0791 5671688. You can also book at any Ceroc Heaven class night or book online [Book here](#)

Why not join our Ceroc Heaven Facebook Group to see all that goes on in Ceroc Heaven [Here](#)

## Venue - Lincoln Hospital Social Club

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<b>Location</b>	<a href="#">Lincoln Hospital Social Club</a>
<b>Street</b>	St Annes Road
<b>Postcode</b>	LN5 2RA
<b>City</b>	Lincoln
<b>Region/County</b>	Lincolnshire
<b>Country</b>	GB
<b>Website</b>	<a href="https://www.ceroc.com/24/131/ceroc-lincoln-hospital-club?id=60">https://www.ceroc.com/24/131/ceroc-lincoln-hospital-club?id=60</a>

## Description

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Lincoln Hospital Social Club is on the Hospital grounds near Lincoln Cathedral.

This friendly venue is the perfect place for a great Ceroc night. It has a sprung dance floor, fully licensed bar and some on site parking.

If you're a regular dancer or just starting out you will have a great night at the Lincoln Hospital Social Club. For class nights there is no need to book, just turn up and join us on Wednesdays to learn this fun and sociable dance! Dancers join us from all over Lincolnshire every week, and from as far away as Gainsborough, Scunthorpe, Cleethorpes, Skegness, Boston and Newark.